



DELI MEATS*:

Turkey Breast, Smoked	\$19.99/lb.
Turkey, Turkey Pastrami, Honey Turkey	
Pastrami	\$29.99/lb.
Corned Beef	\$29.99/lb.
Salami	\$14.99/lb.
Bologna	\$14.99/lb.
Hard Salami	\$21.99/lb.
Tongue	\$46.99/lb.
Roast Beef	\$29.99/lb.

POULTRY:

Chicken Salad*	\$16.99/lb.
BBQ Chicken*	\$9.99/lb.
(Rotisserie Chicken)	
Fried Chicken	\$11.99/lb.
Chicken Breast:	\$19.99/lb.
<i>Grilled*, Schnitzel, Oreganato*, Cajun*, Pargiyot*, Florentine*, Marsala, Francaise, Teriyaki, Pretzel, Corn Flake, Nuggets, Poppers, Pretzel Nuggets</i>	
"On the Bone:"* Honey Lemon,	\$11.99/lb.
<i>Cranberry, Apricot, Baked Skinless, Turkey Drums</i>	
Mojito Chicken* (Whole)	\$19.99ea
Buffalo Wings	\$16.99/lb
Chicken Pot Pie	\$11.99 ea
Pastrami Stuffed Chicken	\$22.99/lb.

BEEF:

Chopped Liver	\$17.99/lb.
Stuffed Cabbage*	\$6.50 ea
Kishke	\$10.99/lb.
Chulent	\$9.99/lb.
Meat Loaf	\$13.99/lb.
Sweet & Sour Meatballs	\$14.99/lb.
Brisket Au Jus*	\$31.99/lb.
Deli Roll	\$22.99/lb.
Pasta & Meat Sauce	\$12.99/lb.
Oyster Steak*	\$32.99/lb.
Peppers & Steak*	\$22.99/lb.
Jumbalaya*	\$13.99/lb.
Sausage & Peppers*	\$13.99/lb.
Meat Knish	\$5.49 ea
Meat Lasagna	\$12.99/lb.

SOUPS:

Chicken Soup w/ Noodles	\$9.99/qt.
Matza Balls	\$1.75 ea
Beef Kreplach (10)	\$21.99/doz.
Vegetable, Chicken Veg.,	\$10.99/qt.
G/F Veg, G/F Chicken Veg. French Onion, Green or Yellow Split Pea*, Bone Broth*, Mushroom Barley*, Fruit Soup*, Banana Strawberry, Gazpacho*, Minestrone	
Low Fat Chunky	\$11.99/qt.
Vegetable*, Yemenite*, Beef & Barley*, Unstuffed Cabbage*, Lasagna*	

SALADS:

Coleslaw	\$7.99/lb.
Potato Salad	\$6.99/lb.
Macaroni Salad	\$6.99/lb.
Pasta Primavera	\$7.99/lb.
Pesto Pasta	\$8.99/lb.
Pesto Linguine	\$8.99/lb.
Cucumber Salad	\$7.99/lb.
Three Bean Salad	\$7.99/lb.
Chickpea Salad	\$7.99/lb.
Moroccan Carrots	\$9.99/lb.
Marinated Mushrooms	\$11.99/lb.
Beet Salad	\$8.99/lb.
Broccoli & Cashew Salad	\$11.99/lb.
Broccoli and Garlic	\$10.99/lb.
Green Beans Garlic/Almondine	\$10.99/lb.
Red Bliss & Dill Potato Salad	\$8.99/lb.
California Pasta	\$10.99/lb.
Heirloom Tomato Salad	\$10.99/lb.
Festive Corn Salad	\$8.99/lb.
Popcorn Cauliflower	\$13.99/lb.
Coleslaw w/ Splenda	\$8.99/lb.
Health Salad	\$7.99/lb.
Hearts of Palm Salad	\$10.99/lb.
Orzo with Craisins	\$7.99/lb.
Grilled Vegetables	\$11.99/lb.
Turkish Salad	\$8.99/lb.
Israeli Salad	\$8.99/lb.
Fruit Salad	\$10.99/lb.



KUGELS + KNISHES + MEZZE:

Potato*, Salt+Pepper, Sweet Noodle, Sweet Potato, Jerusalem	\$7.99/lb.
Broccoli, Carrot, Apple Bread, Cauliflower, Spinach	\$9.99/lb.
Montreal Potato Knishes: Potato, Spinach, Mushroom, Pizza (Parve)	\$2.75 ea
Potato, Kasha Knishes	\$5.00 ea
Meat Knish	\$6.00 ea
Franks in Blankets	\$19.99/dz.
Lachma Bajene, Beef Cigars, Kibbe	\$2.75 ea
Shlishkes	\$9.99/lb.
Cabbage & Noodles	\$8.99/lb.
Mushroom & Barley	\$7.99/lb.
Kasha Varnishkas	\$7.99/lb.
Gefilte Fish	\$16.99/lb.
Vegetarian Liver	\$15.99/lb.
Tzimmes	\$7.99/lb.
Vegetable Cutlet	\$5.50 ea
Stuffed Portabella Cap	\$10.99/lb.

STARCHES:

Roast Potatoes*, Mashed Potatoes*, Wild & Brown Rice, White Rice	\$8.99/lb.
Quinoa w/ Root Vegetables	\$11.99/lb.
Farro, Leek & Craisin Salad	\$10.99/lb.
Persian Rice	\$10.99/lb.
Roasted Root Vegetables*	\$8.99/lb.
Spanish Spaghetti	\$7.99/lb.

APPETIZING:

Fresh Sliced Nova, Salty Nova	\$16.25 ¼/lb.
Pickled Lox	\$16.25 ¼/lb.
Smoked Sable	\$16.99 ¼/lb.
Kipperd Salmon	\$31.99/lb.
Whitefish Salad	\$21.99/lb.
Chunky Whitefish Salad	\$24.99/lb.
Baked Salmon Salad	\$19.99/lb.
Whole Whitefish	\$19.99/lb.
Chubs	\$24.99/lb.
Herring in Wine Sauce	\$16.99/lb.
Chopped Herring Salad	\$13.99/lb.
Herring in Cream Sauce (Dairy)	\$16.99/lb.
Matjes Herring	\$24.99/lb.
Assorted Herrings: Mustard, Schmaltz, Shtiglitz, Tex-Mix, Harisa, Spicy, Sauteed Garlic, Dill, Sauteed Onion, Belarus with Scallions or Black Peppercorns	\$6.99 - \$9.49 ea
Tuna Salad	\$14.99/lb.
Egg Salad	\$11.99/lb.
Spanish Eggplant Salad	\$11.99/lb.
Salmon: Grilled, Moroccan, Teriyaki, Honey Mustard	\$26.99
Oven Baked Tilapia	\$24.99/lb.
Fried Flounder	\$26.99/lb.
Salmon Croquets	\$19.99/lb.

DAIRY:

Macaroni & Cheese	\$10.99/lb.
Baked Ziti	\$10.99/lb.
Lasagna	\$10.99/lb.
Eggplant Parmesan	\$10.99/lb.
Cheese Blintzes	\$3.50 ea
Vegetable Stromboli	\$10.99/lb.
Montreal Cheese Bagel	\$3.50 ea
Quiches: Broccoli, Spinach, Mushroom & Onion	\$10.99/lb.
Cheese Noodle Kugel	\$10.99/lb.
Farmer Cheese: Chocolate, Pineapple, Walnut & Raisin	\$9.99/lb.
Cream Cheeses: Vegetable, Plain, Scallion	\$10.99/lb.
Fresh Sliced Cheeses:	
White American	\$13.99/lb.
Cheddar	\$13.99/lb.
Edam/Emek	\$16.99/lb.
Gouda	\$16.99/lb.
Havarti/ Dill Havarti	\$16.99/lb.
Mozzarella	\$13.99/lb.
Muenster	\$13.99/lb.
Swiss (Domestic)	\$16.99/lb.
Swiss (Imported)	\$17.99/lb.



Call the store to find out what's cooking in our smoker: Kielbasa, Brisket, Spatchcock Chicken, Burnt Ends and much much more!